

Reiserapport fra den 12. IUNS Generalforsamling og den 19. International Congress of Nutrition (ICN 2009) 4 – 9. October 2009, Bangkok, Thailand

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IUNS Generalforsamling

Som styremedlem og internasjonal kontakt for NSE deltok jeg på IUNS og FENS 19. internasjonale kongress i Bangkok 4 – 9 oktober 2009. I den forbindelse deltok jeg som voterende delegat på IUNS 12. generalforsamling, sammen med Pernille Baardseth. Det var to møter og på det første møtet (5 oktober 2009) ble formelle ting slik som godkjenning av referat fra den 11. generalforsamling i Durban lagt frem og godkjent; deretter var det rapport fra kongresspresidenten av den 19. ICN (Professor Dr. Kraisid Tontisirin); IUNS president Ricardo Uauy; generalsekretær Osman Galal; kasserer Suzanne Murphy; nominasjonskomiteen ved Mark Wahlquist; ulike bekjentgjørelser og søknad fra Mongolia og Vietnam om å bli godkjente medlemmer, hvilket de ble. Mer detaljer om dette finnes på IUNS's hjemmeside <http://www.iuns.org/>.

Det andre møtet (8 oktober 2009) stadfestet tid og sted for den 20. ICN i Granada 15—21 november 2013. Det var spenning rundt hvor den 21. ICN skulle holdes i 2017, og Argentina vant.

Fra forrige generalforsamling var det også stadfesting av IUNS president fra 2009 -2013, Prof. Dr. Ibrahim Elmadfa fra Østerrike. For perioden 2013 – 2017 ble Dr. Anna Larrey fra Ghana valgt som president.

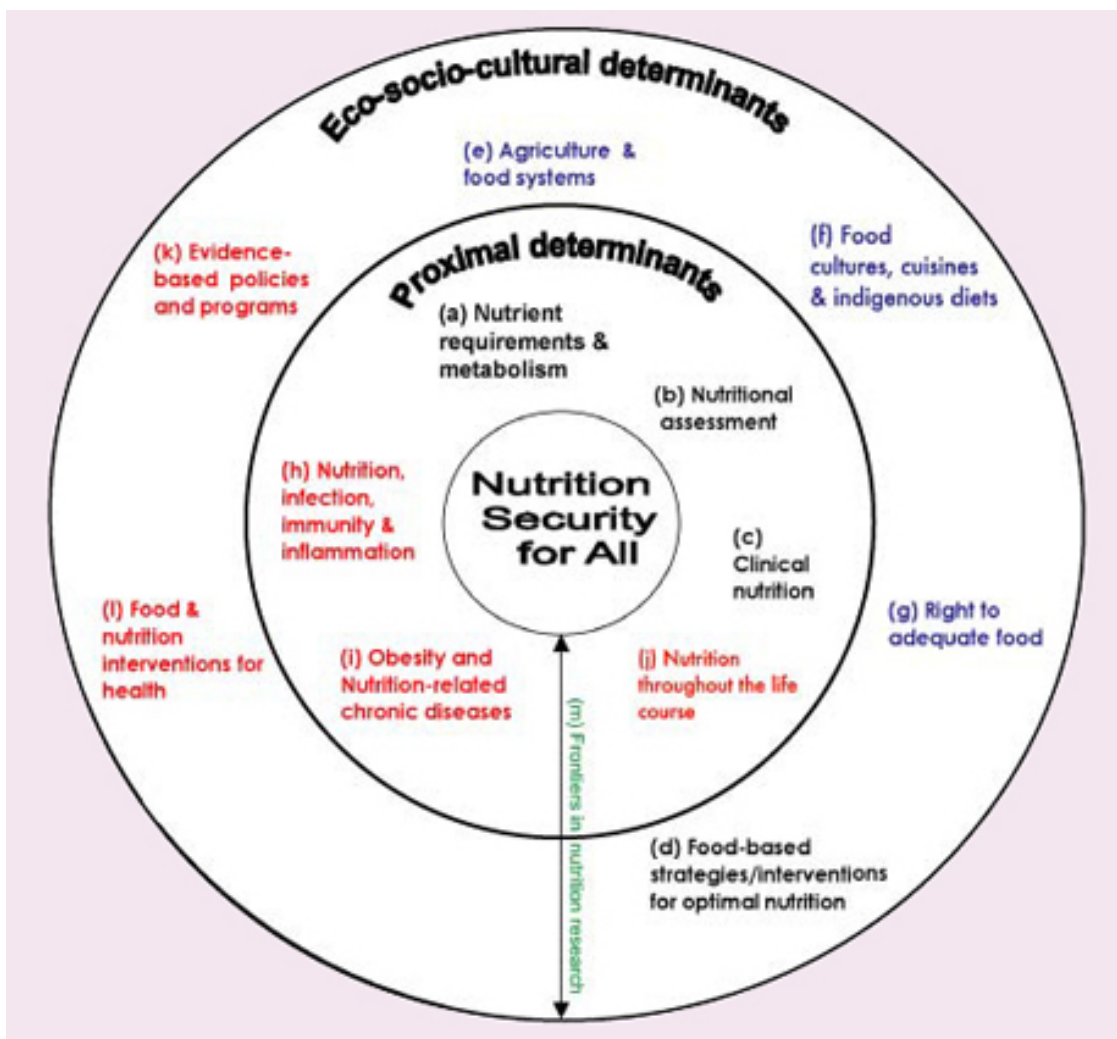
ICN 2009

Totalt 4500 deltakere fra 106 land deltok Temaet for kongressen var ”Ernæringsikkerhet for alle”.

Undertegnede var invitert taler til Symposiet ”The Human Right to Adequate food as a Basis for Good Governance for Nutrition Wellbeing” med ”Right to Food in Politically Sensitive Situation? A Case Study among Western Sahara refugees.

Programmet forøvrig var bygd opp rundt en kaskademodell med de ulike temaene rundt Nutrition Security for All, som vist under her:

The Cascades Feature:



ICN 2009 will feature “Cascades” of the sub-themes below by grouping the related topics together and by encouraging the flow of scientific knowledge to its application.

Cascade I: Scientific-based knowledge and model in nutrition science and food-based strategies

(a) Nutrient Requirements & Metabolism - physiological functions, nutrient metabolism, and new findings related to establishing human nutrient requirements that can advance evidence-based development of dietary recommendations for optimal health and longevity

(b) Nutritional Assessment - anthropometric, biochemical, body composition, functional, -omics and dietary approaches to measure and monitor nutritional status, diet, health and well-being

(c) Clinical Nutrition - appropriate diet and environmental factors for prevention and management of nutrition-related diseases

(d) Food-based Strategies/Interventions for Optimal Nutrition - scientific knowledge on what works, where, how, among whom and for what outcomes

Cascade II: Integrating agriculture, food systems, indigenous cuisines and diet quality

(e) Agriculture and Food Systems - technology, innovation, and integrated approaches to achieve nutrition security and global health

(f) Food Cultures, Cuisines, & Indigenous Diets - their distinctive historical and evolving roles in influencing nutrition security and health

(g) Right to Adequate Food - addressing food security (quantity and quality) for nutrition well-being in various settings and vulnerable populations

Cascade III: Application of knowledge to policy formulation, problem solving, disease prevention and health promotion

(h) Nutrition and the Triple "I": Infection, Immunity, Inflammation - reviewing recent evidence relating to the role of nutrition in treatment and prevention of HIV/AIDS, diarrhea, malaria, respiratory infection (pneumonia, tuberculosis, SARS, bird flu), allergies and autoimmune diseases

(i) Obesity and Nutrition-related Chronic Diseases - providing a comprehensive examination of risk factors, health consequences, management and treatment; exploring policies and promising programs that can advance disease prevention and health promotion

(j) Nutrition Throughout the Life Course - integrated strategies emphasizing the linkages between under and over nutrition, and how to address the problem of double burden throughout the life course

(k) Evidence-based Policies & Programs to Address the Global Health and Nutrition Goals - highlighting national and regional program experiences and capacity development

(l) Food & Nutrition Interventions for Health - current knowledge of different interventions that support health outcomes

Cross-Cutting Cascades I, II, and III

(m) Frontiers in Nutrition Research - featuring cross-cutting determinants of nutrition security and health at individual and population levels to pioneering research towards achieving nutrition security

Forøvrig viser jeg til ICN 2009 hjemmeside <http://www.icn2009.com/index.htm> og http://www.icn2009.com/congress_information_Presentations.html hvor mange av presentasjonene ligger ute.